



Annual Memberships

| MEMBERSHIP TYPE | POOL ONLY | FITNESS CENTER ONLY | FITNESS CENTER & POOL |
|------------------------------------|-----------|---------------------|-----------------------|
| SINGLE | \$30/mo | \$35/mo | \$50/mo |
| SINGLE + 1 ^{\(\dagger)} | \$40/mo | \$45/mo | \$70/mo |
| FAMILY (3 or more members) | \$45/mo | \$55/mo | \$80/mo |
| SENIOR CITIZEN* (Single) | \$25/mo | \$25/mo | \$40/mo |
| SENIOR CITIZEN* (Single + 1*) | \$35/mo | \$35/mo | \$60/mo |
| STUDENT** (Must show student I.D.) | \$25/mo | \$25/mo | \$40/mo |

6 Month Memberships

| MEMBERSHIP TYPE | POOL ONLY | FITNESS CENTER ONLY | FITNESS CENTER & POOL |
|------------------------------------|-----------|---------------------|-----------------------|
| SINGLE | \$45/mo | \$45/mo | \$80/mo |
| SINGLE + 1 [†] | \$60/mo | \$60/mo | \$90/mo |
| FAMILY (3 or more members) | \$65/mo | \$65/mo | \$100/mo |
| SENIOR CITIZEN* (Single) | \$40/mo | \$40/mo | \$70/mo |
| SENIOR CITIZEN* (Single + 1*) | \$50/mo | \$50/mo | \$80/mo |
| STUDENT** (Must show student I.D.) | \$30/mo | \$30/mo | \$50/mo |

3 Month Memberships

| MEMBERSHIP TYPE | POOL ONLY | FITNESS CENTER ONLY | FITNESS CENTER & POOL |
|------------------------------------|-----------|---------------------|-----------------------|
| SINGLE | \$55/mo | \$55/mo | \$90/mo |
| SINGLE + 1 [♦] | \$70/mo | \$70/mo | \$120/mo |
| FAMILY (3 or more members) | \$75/mo | \$75/mo | \$130/mo |
| SENIOR CITIZEN* (Single) | \$50/mo | \$50/mo | \$90/mo |
| SENIOR CITIZEN* (Single + 1*) | \$60/mo | \$60/mo | \$100/mo |
| STUDENT** (Must show student I.D.) | \$30/mo | \$30/mo | \$50/mo |

FOR ALL MEMBERSHIPS:

Members that are 19 yrs. & older require their own membership.

*Senior Citizen = 65 yrs. & older

**No new member fee applied to student memberships.

EXECUTE: NEW MEMBER JOINER FEE (Max Family New Member Fee - \$50)

\$25.00 Includes:

Initial

- Fitness Center 24/7 Access Key (Must be 16 yrs. of age)
 - Limited to 2 cards per family
 - \$5 for each additional key
- Complete orientation to Fitness Center
- Initial assistance with exercise program design in the Fitness Center

Office use only:

Membership Effective Dates:

Pre-pay your 12-month membership and take \$20 off the total cost of the membership of your choice.

AUTOMATIC WITHDRAWEL NOTICE: *Annual Membership Only*

Following the initial annual commitment, I understand that I can terminate this agreement at any time, however, I need to provide a 30-day notice. The membership will discontinue at the end of the calendar month following a 30-day notice.

CANCELLATION & REFUNDS: Member shall have the right to cancel this agreement with full refund if written notice is received within three (3) days of signing this agreement. After that date, all initial fees are non-refundable. Membership will be cancelled if member becomes deceased or becomes physically unable to use the facility. Written verification of disability will be required from physician. Member may cancel agreement if primary residence is relocated more than 35 miles from MWPT and/or the BAARC. Notice to cancel must be delivered to MWPT and/or the BAARC in writing. MWPT and/or the BAARC may cancel agreement or restrict use of facility if member fails to make payments or does not abide by MWPT and/or the BAARC rules. In such case, no refunds of prior payment or relief of payments will be given.

I have read, understood, and completed this New Member Registration and Rate Sheet. I agree to the membership commitment stated above. All questions have been answered to my satisfaction.

| Name (Printed): | Date: |
|-----------------|-------|
| | |
| Signature: | |

^{*} Must be a spouse, or an immediate family member 18 yrs. and under. Fitness Center Members must be over 12 vrs



NEW MEMBER REGISTRATION



| Name: | | DOB: | Age: | |
|--|------------------------------|--------------------|-------------------------------|----------------|
| Address: | City: | State | : Zip: | |
| Phone #: | | _ Email: | | _ |
| Physician | Height: | Weight: | Gender: Male / Female | |
| Employer: | | | | _ |
| Is there anything regar | rding your health that Midwe | est Physical Thera | apy and Fitness Center should | l be aware of? |
| Do you have pain or an injury you would like to speak with a physical therapist about? Y/N | | | | |
| | | | | |

Policies, Procedures & Guidelines

Regular physical activity is safe for most people. However, some individuals should check with their doctor before they start an exercise program.

- 1. There is a 30-minute limit on cardiovascular equipment when someone is waiting. Allow others to work in between sets.
- 2. Proper attire, including shirts, must be worn at all times. **Separate, clean, non-marking gym shoes are required.** Please do not wear shoes worn outdoors that could carry in dirt and salt.
- 3. Spotters are recommended in the free weight area. Please return free weights and dumb bells to rack after use.
- 4. All beverages must be contained in a covered sport bottle only.
- 5. Please clean off machines after use.
- 6. Cursing and foul language will not be tolerated. You may be asked to leave, or if the problem persists, lose your membership.
- 7. Do not bring valuables into the center. We will not be responsible for lost or stolen articles.
- 8. In order to accommodate the needs of all patrons, the radio station will be programmed for "middle of the road" music. If your taste tends to run to the extreme end of the spectrum, please feel free to bring your own headsets while working out. Volume levels will be kept quieter during business hours.
- 9. Any misuse of equipment, abuse of premises, vandalism or loitering will **NOT** be tolerated. Any inappropriate actions will result in immediate termination of membership with no refunds or relief of prior payments.
- 10. No children 11 years old and under are permitted in the Fitness Center waiting area or designated Fitness Center areas/rooms.

New Member Agreement

- 1. I understand that by joining Midwest Physical Therapy & Fitness Center and/or Bloomer Area Aquatic & Recreation Center to use its facilities and participate in its programs, I do hereby waive, release, and forever discharge Midwest Physical Therapy & Fitness Center and/or Bloomer Area Aquatic & Recreation Center and its officers, employees, and all others from any and all responsibilities or liability for injuries or damages resulting from my participation in any activities at said facility. I do also hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to myself, including those caused by negligent act of omission of any of those mentioned or others acting on their behalf connected with my participation in any activities or equipment use at Midwest Physical Therapy & Fitness Center and/or Bloomer Area Aquatic & Recreation Center.
- 2. I understand and am aware that strength and aerobic exercise, including the use of equipment, is a potentially hazardous activity. I also understand that fitness activities involve risk of injury and even death and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death.
- 3. I hereby declare myself to be physically sound and suffering no condition, impairment, disease, infirmity, or other illness that would prevent my participation in any of the activities and programs of Midwest Physical Therapy & Fitness Center and/or Bloomer Area Aquatic & Recreation Center or use of the equipment or machinery except as hereinafter stated. I do hereby acknowledge that I have been informed of the need for a physician's approval for my participation in an exercise/fitness activity or in the use of exercise equipment and machinery. I also acknowledge that it has been recommended that I have a yearly or more frequent physical examination and consultation with my physician as to a physical activity, exercise, and use of exercise equipment so that I might gain recommendations concerning fitness activities and equipment use. I acknowledge that I have either had a physical examination and have been given physician's permission to participate, or that I have decided to participate in activity and/or use of equipment and machinery without the approval of my physician and do hereby assume all responsibility for my participation in activities and use of equipment at Midwest Physical Therapy and Fitness Center and/or Bloomer Area Aquatic & Recreation Center.

I have read the Policies, Procedures, and Guidelines and New Member Agreement for Midwest Physical Therapy & Fitness Center and/or Bloomer Area Aquatic & Recreation Center and agree to abide by them.

| Signature | Date |
|---|------|
| | |
| | |
| Guardian Signature if under 18 years of age | Date |

Automatic Payment Plan Authorization Agreement

Please apply the Automatic Payment Plan to these memberships:





☐ Both!

| Name: | | | |
|---|--|---|--|
| Address: | | | |
| City: | State: | _ Zip: | |
| Home Phone: | Work Phone: | | Cell Phone: |
| Name of Financial Institut | ion: | | |
| Address of Financial Instit | ution: | | |
| City: | State: | _ Zip: | |
| Phone Number: | | | |
| Routing Number: | Accou | int Number: | |
| payment is to be deducte number. * Please be aware that if you will be right to cancel my use Fitness Center and/or Blocanceling my use of the authorize Midward to initiate debit entries to effect until Midwest Phreceives written notificate. * In the case of insufficient | deducted from you checking defrom a savings account, and change banks or account by & Fitness Center and/or e of Automatic Payment Plander Area Aquatic & Recal Automatic Payment Plandest Physical Therapy, Inc. a my bank account above. The same and the same area of membership discount and, Midwest Physical Thurapy and/or Blands, Midwest Physical Thurapy and Same area of membership discount and same area of membershi | enclose a deponsite you will need Bloomer Area and I will noting reation Center and/or Bloomer Area Apontinuation for Therapy & Fit | close a voided check. If your osit slip that displays your account ed to notify us immediately. A Aquatic & Recreation Center has ify Midwest Physical Therapy & r, in writing, 30 days prior to er Area Aquatic & Recreation Center ation is to remain in full force and Aquatic & Recreation Center collowing the initial membership. The energy of the content of the cont |
| Signature(s): Sign here: Sign here: | | D | Pate: Pate: |

**Note: If the account is in two names, both account holders need to sign above.